

A Residential Memory Care Community

# WINDSONG

*at Southridge*



KENNEWICK, WASHINGTON



Welcome to  
WindSong  
at Southridge,  
a Montessori  
Inspired Lifestyle<sup>®</sup>  
Community.

OUR MISSION is to  
foster purposeful and  
meaningful lives for those  
with Alzheimer's and other  
dementias through the use  
of the Montessori Inspired  
Lifestyle.<sup>®</sup>

CREATING MOMENTS *from* MEMORIES™



## WindSong at Southridge

**Located in beautiful Kennewick, Washington, WindSong at Southridge is a state-of-the-art, 56 suite memory care community with all the comforts of home.**

Each resident enjoys a private suite with a private bathroom. Residents are encouraged to personalize their rooms making them a special extension of home.



## Meaningful Moments

**Our professional and caring staff believe every resident is complete with deeply rooted memories, wisdom from a lifetime of experiences, and the capacity for joy, love and spirituality. While memory and abilities fade, we believe each person deserves to be honored as a whole individual for life.**

Using the *Montesorri Inspired Lifestyle Approach*, we are able to connect with individuals each day through deeply personal and meaningful interaction. The precious moments where connections are evidenced by smiles and bright eyes are later recreated and built upon for a foundation of ongoing success.

Our staff is trained in the *Montesorri Inspired Lifestyle Approach* to caring for those with dementia. This specialized training, dedication, and unparalleled compassion endears them to the remarkable people they serve.



## Opportunity! Ask the resident

Assumptions are often made about individuals who have been diagnosed with dementia. We assume that they can no longer make choices, have new experiences or develop relationships. This is simply not the case. At WindSong at Southridge, we offer our residents the opportunity for control and choice by simply asking them. A Montessori based community is about providing the pathways that enable our residents to once again actively engage in their lives.

## Your family is our family!

We believe that family members and loved ones of our residents are also part of our community. We encourage relatives to work with us to ensure a good quality of life for our residents. This collaborative relationship is the best arrangement possible.



## We are a home, bedded in a community, connected to the larger world

WindSong communities are designed to create an environment that is reflective of the people who live within it. A community does not exist alone. It involves interacting with other communities, other people, other cultures and other generations. We ask ourselves, if not for this disease, what would their lives be like? Then we try to create those experiences in whatever way we can.

## The Prepared Environment

We create communities where people are enabled and supported to be independent. The WindSong environment is designed with intent. Memory boxes outside of apartments to assist residents in locating their home, directional signage on the walls to assist residents in finding their way and personalized apartments to allow residents to surround themselves with all the comforts of home are a few of the ways that we do this. Our goal is to create the kind of place we would all want to live.

## Living with purpose

WindSong at Southridge is a place where our residents feel they belong, they have choices, can make decisions, contribute, and have a sense of purpose and a reason to get out of bed in the morning. Our residents have the opportunity to be on committees, plan celebrations, greet and support new community members and contribute to our monthly newsletter. We like to say, if we can imagine it, we can make it happen.

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